



Monthly Meditation

March, 2025

Monthly Theme

“He Gave His only Son.”

Scripture

John 3:16-17

“For God so loved the world that He gave His only Son so that everyone who believes in Him might not perish but might have eternal life. For God did not send His Son into the world to condemn the world, but that the world might be saved through Him. “

Reflection

1. Read the passages aloud and then one more time, slowly and thoughtfully.
2. Reflect on what word or phrase from these words of Jesus stand out to you.
3. Read the passages once more, slowly and thoughtfully.
4. What do you feel the Lord is trying to tell you in this word or phrase?

Discussion

1. What word or phrase from this scripture passage stands out to you? Why?
2. This scripture focuses on the great love that God has for each one of us. What are some ways you have experienced God's love in your life?
3. What are some ways that you have returned love to God for all that He has done for you?
4. What does the term "eternal life" mean to you?
5. When you think about eternal life, does that excite you or make you nervous? Why?

Action

During the season of Lent, we often try to think of something to "give up" or do extra for a few weeks. This Lent, try to work on one change in your life that you can make as a real offering of love for God. Then, try to continue living that change always.

Prayer

Jesus, I love you.
Help me to love you more!