



Monthly Meditation September, 2024

Monthly Theme

“Faith like a mustard seed.”

Scripture

Luke 17: 5-6

And the apostles said to the Lord, “Increase our faith.”

The Lord replied, “If you have faith the size of a mustard seed, you would say to this mulberry tree, ‘Be uprooted and planted in the sea,’ and it would obey you.”

Reflection

1. Read the passages aloud and then one more time, slowly and thoughtfully.
2. Reflect on what word or phrase from these words of Jesus stand out to you.
3. Read the passages once more, slowly and thoughtfully.
4. What do you feel the Lord is trying to tell you in this word or phrase?

Discussion

1. What word or phrase from this scripture passage stands out to you? Why?
2. What comes to mind when you think of the word "faith"?
3. How would you describe your faith right now?
4. Are there any things in your life right now that prevent you from having complete faith in Christ?
5. What are some things you can do in order to improve your life of faith? What prevents you from doing those things now?

Action

This month, make a point to pray each day that Jesus will increase your faith. Simply ask Our Lord, like the apostles did, "Lord increase my faith!"

Prayer

Jesus, I am yours, show me the way.

Jesus, I trust in you.

I am yours, show me the way.

Jesus, I love you.

I am totally yours, please show me the way.

Lord, I believe. Help my unbelief. (Mark 9:24)