



## Monthly Meditation

August, 2024

### Monthly Theme

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“The Lord is good.”

### Scripture

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Psalms 145: 8-10

The Lord is gracious and merciful,  
slow to anger and abounding in mercy.

The Lord is good to all,  
compassionate toward all His works.

All your works give you thanks, LORD  
and your faithful bless you.

### Reflection

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1. Read the passages aloud and then one more time, slowly and thoughtfully.
2. Reflect on what word or phrase from these words of Jesus stand out to you.
3. Read the passages once more, slowly and thoughtfully.
4. What do you feel the Lord is trying to tell you in this word or phrase?

## Discussion

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1. What word or phrase from this scripture passage stands out to you? Why?
2. How has the Lord been good to you during the past week?
3. When was the last time you told someone about how good God has been to you?
4. Do you feel comfortable telling others about how God has blessed you ? Why or why not?
5. What are some ways you can find to give thanks to God every day, especially on difficult days?

## Action

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This month, tell someone about how Our Lord has been good to you and how He can be good to them as well.

## Prayer

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Thank you Lord, for watching over us.  
Through our trials You've made us victorious.  
We praise Your Name, most great and glorious.  
Thank you Lord, for one more day!