



Monthly Meditation

July, 2024

Monthly Theme

“Come and see.”

Scripture

John 1:35-39

The next day John was there again with two of his disciples, and as he watched Jesus walk by, he said, “Behold, the Lamb of God.” The two disciples heard what he said and followed Jesus. Jesus turned and saw them following him and said to them, “What are you looking for?” They said to him, “Rabbi” (which translated means Teacher), “where are you staying?” He said to them, “Come, and you will see.” So they went and saw where he was staying, and they stayed with him that day.

Reflection

1. Read the passages aloud and then one more time, slowly and thoughtfully.
2. Reflect on what word or phrase from these words of Jesus stand out to you.
3. Read the passages once more, slowly and thoughtfully.
4. What do you feel the Lord is trying to tell you in this word or phrase?

Discussion

1. What word or phrase from this scripture passage stands out to you? Why?
2. Do you think there is a deeper meaning to Jesus' words, "come and see," than just telling John's disciples to see where He is staying? What is that deeper meaning?
3. After the disciples, visit with Jesus, they went to tell others about Him. When was the last time you told someone to about Jesus?
4. Jesus's invitation to "come and see" is also a call to share that invitation with others. Do you find it easy or difficult to speak to others about Jesus and your faith life?
5. When you think about Jesus' call to "come and see," what do you think He is saying to you, right here, right now?

Action

This month, make an effort to talk to someone about Jesus and invite them to "come and see" what He has done for you, and what He can do for them.

Prayer

Heavenly Father,

Stir in my soul the desire to renew my faith
and deepen my relationship with your Son, Our Lord Jesus Christ
so that I might truly believe in and live the Good News.

Open my heart to hear the Gospel
and grant me the confidence to proclaim the Good News to others.

Pour out your Spirit so that I may be strengthened to go forth
and witness the Gospel in my everyday life through my words and actions.

Amen.

(Prayer for the New Evangelization, Unites State Conference of Catholic Bishops)