



Monthly Meditation **September, 2023**

Monthly Theme

“Faith and Action.”

Scripture

James 2:14-18

“What good is it, my brothers, if someone says he has faith but does not have works? Can that faith save him? If a brother or sister has nothing to wear and has no food for the day, and one of you says to them, ‘Go in peace, keep warm and eat well,’ but you do not give them the necessities of the body, what good is it? So also faith of itself, if it does not have works, is dead.

Indeed someone might say, ‘You have faith and I have works.’ Demonstrate your faith to me without works, and I will demonstrate my faith to you from my works.”

Reflection

1. Read the passages aloud and then one more time, slowly and thoughtfully.
2. Reflect on what word or phrase from these words of Jesus stand out to you.
3. Read the passages once more, slowly and thoughtfully.
4. What do you feel the Lord is trying to tell you in this word or phrase?

Discussion

1. What word or phrase from these scripture passages stands out to you? Why?
2. Why do you think St. James says that faith without works is dead?
3. What are some ways that you see faith lived out in the lives of others?
4. What are some ways that you feel God might be calling you to put your faith into action?

Action

1. This month perform one act of service for another person each week.

Prayer

Jesus, I am yours.

 Show me the way.

Jesus, I trust in you.

 I am yours.

 Show me the way.

Jesus, I love you.

 I am totally yours.

 Please show me the way.

Amen.