



Monthly Meditation

April, 2023

Monthly Theme

“Him only I shall serve.”

Scripture

Luke 4:8

“Jesus said to him, ‘It is written: you shall worship the Lord your God and Him alone shall you serve.’”

Matthew 6:24

“No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to one and despise the other.”

Reflection

1. Read the passages aloud and then one more time, slowly and thoughtfully.
2. Reflect on what word or phrase from these words of Jesus stand out to you.
3. Read the passages once more, slowly and thoughtfully.
4. What do you feel the Lord is trying to tell you in this word or phrase?

Discussion

1. What word or phrase from these scripture passages stands out to you? Why?
2. What does serving God alone mean to you?
3. In what ways do we sometimes try to serve two masters (God and something else)?
4. What things in your life tend to distract you from serving God first in your life?
5. On a scale of 1 to 10 (with 1 being no relationship with God, and 10 being the best possible relationship with God), where would you rank your current relationship with Our Lord? Why?

Action

This month, think about one thing that prevents you from having the best possible relationship with Our Lord. Then pray for the grace to overcome that one barrier.

Prayer

Hear, O Israel! The Lord is our God, the Lord alone! Therefore, you shall love the Lord, your God, with all you heart, and with all your soul, and with all your strength. Take to heart these words which I enjoin on you today. Drill them into your children. Speak of them at home and abroad, whether you are busy or at rest.

Deuteronomy 6:4-7