



Monthly Meditation

February, 2023

Monthly Theme

“All things work together for the good.”

Scripture

Romans 8:28
Hebrews 13:20-21

“We know that all things work for good for those who love God, who are called according to his purpose.”

“May the God of peace, who brought up from the dead the great shepherd of the sheep by the blood of the eternal covenant, Jesus our Lord, furnish you with all that is good, that you may do his will. May he carry out in you what is pleasing to him through Jesus Christ, to whom be glory forever.”

Reflection

1. Read the passages aloud and then one more time, slowly and thoughtfully.
2. Reflect on what word or phrase from these words of Jesus stand out to you.
3. Read the passages once more, slowly and thoughtfully.
4. What do you feel the Lord is trying to tell you in this word or phrase?

Discussion

1. What word or phrase from these scripture passages stands out to you? Why?
2. What does St. Paul say is necessary for all things to work together for the good?
3. Do you feel that you are called according to God's purpose? Why or Why not?
4. What things in your life tend to distract or call you away from placing God first in your life?
5. What are some ways you might change your priorities to make God first in your life?

Action

1. This month, pray each day for the grace to place God first in your life and ask how He might want you to change your current priorities.
2. Make a point to go receive the Sacrament of Reconciliation this month.

Prayer

Jesus, I am yours.

Show me the way.

Jesus, I trust in you.

I am yours.

Show me the way.

Jesus, I love you.

I am totally yours.

Please show me the way.

Amen.